



Youth Empowered Training in Nonviolent Communication

June 29 – July 6

Live • Play • Learn

Do you want deeper and more heartfelt connections with friends and family?
Are you a young adult, or someone wanting to support youth empowerment?
Do you like to spend time in nature?

Come experience the first ever youth initiated and youth envisioned
"Youth Empowered Training in Nonviolent Communication!"

Join Center for Nonviolent Communication Certified Trainers Jack Lehman & Karl Steyaert in partnership with Clayton Barker and others to explore 7 days of intensive Nonviolent Communication training in the Pecos Wilderness Area and Hummingbird Intentional Community. Together, we will co-create a playful, multi-generational learning community living in the consciousness of NVC in a high, pristine Rocky Mountain setting.

Over the 7 days we will explore a wide range of experiences, including:

- Empathy and Self-Empathy: Opening our hearts more fully to ourselves & others
 - Transforming Anger, Pain, Guilt, & Shame into Aliveness
 - Freestyle NVC: Expressing compassion using natural language
- Compassionate Leadership: Guiding groups while sharing power
 - Co-Creating a Peaceful, Just & Sustainable World
- Restorative Circles: Building a compassionate justice system
 - Games, Play & Movement
 - Nature & Wilderness Adventure



We offer this training as a gift, with no set fee or suggested sliding scale donation. We do this both to make this event accessible to all, and because we love to give this kind of gift to the world.

At the same time, we joyfully welcome financial support so that we can continue to offer our gifts and contribute to a peaceful, just, and sustainable world. At the training we will describe the resources that have gone into the event, and at the end of the training we will invite participants to offer whatever support they are inspired to.



To register, complete the [Registration form](#) and email to info@hummingbirdcommunity.org.

All Hummingbird Living School Programs: <http://www.hummingbirdlivingschool.org/2010programs.htm>

For further questions about the intended vision and nature of the program, please contact Clayton at buildingbridgesnvc@gmail.com or 575-387-6294. For questions about registration, contact Robert at info@hummingbirdcommunity.org or 575-387-5877.