



# Lakota Vision Quest

June 23-27



People in many of the diverse indigenous cultures of North America undertake vision quests: for instance, it is considered to be one of the seven sacred rituals of the Lakota Sioux. Individuals go out into the wild, unpeopled places for up to four days without food, often without water too. The vision quest is an important 'rite of passage' for young teenagers, but there are no age restrictions: men and women of all ages do undertake a vision quest. A medicine man, shaman or elder follows the person on the quest at some distance, to make sure that they are alright physically. The Vision Quest is used to go deeply into oneself to find clarity about one's life purpose.

Although this Vision Quest is offered as a four day/three night quest, an option of a three day/two night Vision Quest is offered for any who have not experienced a Vision Quest and may have a concern about completing the longer quest.



Jorge, also known as Redtail Hawk, is a core energetic therapist, teacher and ceremonial leader. He has taught Native American Indian spirituality for over 20 years. A native of Mexico, he is a Sundancer and Pipe Carrier in the Lakota tradition.

Jorge's mission is based on Mitakuye Oyasin, meaning harmony with all my relations. He works to realize his vision to bring Light in this world, helping people in their work by lifting their consciousness and inner awareness, by encouraging the need to stay in the supported present, and by guiding them to be in right relationships with themselves and their community.

Jorge lives with his family in St. Louis, MO. He also travels internationally, teaching and supporting students of all ages in their quest to transform their lives. Jorge has graced Hummingbird on several occasions, guiding the Inipi Stone People's Lodge Ceremonies, as well as teaching a Native American Frame Drum making workshop.

The Vision Quest is offered by Jorge as a gift. Questers and supporters are invited to clarify for themselves to make whatever gift of appreciation feels correct to them to Jorge as pipe carrier and water pourer and to Hummingbird as host of this event. Any money that is received provides Jorge and Hummingbird to continue offering this gift to others in the future. Traditionally built Lakota sweat lodge, camping, cooking, bathing, and gathering yurt is provided. Indoor lodging is available for a fee.

Preparation time for the Questers begins as much as a month before the actual Vision Quest and requires an introductory connection with Jorge. Please contact us as soon as possible so that you can be aware of the preparation practice and to schedule and interview with Jorge.

To hear more about the nature and practice of this Vision Quest at Hummingbird or to begin your preparations, please contact Linda at 575-387-2418 or email [linda@globalfamily.net](mailto:linda@globalfamily.net).

